

Invitational Meet Announcement



**2022 NYC WINTERFEST**  
**Prelims/Finals**  
**Multi-Site and Multi-Course Meet**  
**12.16.22 - 12.18.22**

Meet Sanction # 221210  
Time Trial Sanction # 221255-T

**Invited Teams: Badger, Match Point-NYC, Waterwarriors, YMCA Middies**

Teams interested in participating please contact Meet Director Nikolay Shevchenko via e-mail at  
[Nikolay@FreedomAquatics.com](mailto:Nikolay@FreedomAquatics.com)

# 2022 MR Freedom NYC WINTERFEST

## 12.16.22 - 12.18.22

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Meet Sanction # 221210
	Time Trial Sanction # 221255-T
<b>LOCATION:</b>	Queens College ADDRESS: Fitzgerald Gymnasium, 153-1 Reeves Ave, Flushing. Queens, NY 11367
	Brooklyn Sports Club ADDRESS: 1540 Van Siclen Ave, Brooklyn, NY 11239
<b>FACILITY:</b>	6 Lane by 25-yard competition pool, 6 Lane by 25 meter competition pool. The pools have not been certified in accordance with Article 104.2.2C (4).
<b>SESSIONS:</b>	<p>Session 1 (SCY) - 12/16/22 (Friday PM) - At Queens College Ages Groups: Open Timed Finals Warm Up: 4:00pm, Start: 5:30pm</p> <p>Session 2 (SCY) - 12/17/22 (Saturday AM) - At Queens College Ages Groups: 11 - 12 and 13 &amp; Over Prelims Warm Up: 6:45am, Start: 8:30am</p> <p>Session 3 (SCY) - 12/17/22 (Saturday PM) - At Brooklyn Sports Club Warm Up: 4:00pm, Start: 5:30pm Age Groups: 10 &amp; Under Timed Finals 11 - 12 and 13 &amp; over FINALS</p> <p>Session 4 (SCM) - 12/18/22 (Sunday PM) - At Brooklyn Sports Club Ages Groups: Open Timed Finals Warm Up: 4:00pm, Start: 5:30pm</p> <p>*Session times may be adjusted once the meet is closed. Teams will be notified of any adjustments in session times once entries have closed</p>
<b>FORMAT:</b>	<p>This Meet is a Multi-Site, Prelims/Finals and Timed Finals depending on the age group and session.</p> <p>Prelim &amp; Timed Finals Sessions will be deck seeded.</p>
<b>ELIGIBILITY:</b>	Open to all invited Teams and Freedom Aquatics USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on December 16th, 2022 will determine the age for the entire meet. No "Deck Registrations" will be accepted. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
<b>DISABILITY SWIMMERS:</b>	Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require.
<b>ENTRIES:</b>	<p>All Athletes are limited to enter 4 individual events and 2 relay events per session.</p> <p>U.S. Mail Entries/Payment to: Freedom Aquatics, 70 Archwood ave, Staten Island, NY 10312.</p> <p>Email Entries/Confirm Entry Receipt: Nikolay@FreedomAquatics.com</p>
<b>DEADLINE:</b>	<p><b>Entries must be received by: December 1st, 2022 at 12:00pm</b></p> <p>An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.</p>
<b>ENTRY FEE:</b>	<p>An entry fee of</p> <ul style="list-style-type: none"> <li>\$ 10 per timed final event</li> <li>\$ 15 per prelim/final event</li> <li>\$ 15 per relay event</li> <li>\$ 20 athlete surcharge fee</li> </ul> <p>Emailed Hy-Tek entries will be accepted.</p> <p>Email Entries/Confirm Entry Receipt: Nikolay@FreedomAquatics.com</p> <p>No NT's will be accepted. Please estimate times if needed.</p> <p>Check payable to: Freedom Aquatics Inc. Payment must be received by December 15th for email entries.</p> <p>U.S. Mail Entries/Payment to: Freedom Aquatics, 70 Archwood ave, Staten Island, NY 10312.</p>

	*Swimmers qualifying for outreach membership are eligible to have this fee waived at request. Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.	
<b>WARM-UP:</b>	The host team reserves the right to assign lanes for warm-up based on the size of the meet. Other lanes may be assigned at the meet director's discretion. Starts can be done at the discretion of the coach during their assigned warmup. All swimmers must be supervised by a coach.	
<b>SCRATCHES:</b>	Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.	
<b>COACHES:</b>	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.	
<b>AWARDS:</b>	SCY Sessions: 8 & Unders - 1st - 3rd place medals and 4th - 6th place ribbons 9 - 10 (single age group) 1st - 3rd place medals and 4th - 6th place ribbons 11 - 14 (single age group) Timed Finals Events: 1st - 3rd place medals and 4th - 6th place ribbons Finals: Top-6 Finalists - 1st - 6th place medals 15 - 18 Top-6 Finalists Timed Finals Events: 1st - 3rd place medals and 4th - 6th place ribbons Finals: Top-6 Finalists - 1st - 6th place medals SCM Session: No Awards	
<b>OFFICIALS:</b>	<b>Meet Referee:</b> Meet Referee: Annie Fosteris APFosteris@gmail.com Officials wishing to volunteer should contact the Meet Referee by 12/2/22	
<b>ADMIN. OFFICIAL:</b>	<b>Administrative Official:</b> Meet Manager Antonio Gaspar 347-856-3667 Antonio@FreedomAquatics.com	
<b>MEET DIRECTOR:</b>	Meet Director/Administrative Official: Nikolay Shevchenko 917-819-1999 Nikolay@FreedomAquatics.com	
<b>RULES:</b>	The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.	
<b>SAFETY:</b>	Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.  <b>Lifeguards will be on site, with AED in the pool office and EMT available by calling campus safety.</b>	
<b>MAAPP POLICY:</b>	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.	
<b>WATER DEPTH:</b>	Brooklyn Sports Club Deep End (starting end) 7' 6" deep, turn end 4' 6" deep.  Queens College: Start End 11' Deep ; Turn End 4' Deep	

<b>DISCLAIMER:</b>	Upon acceptance of his/her entries, the participant waives all claims against Freedom Aquatics, Brooklyn Sports Club Facility, Metropolitan Swimming Inc., USA Swimming Inc.; QNS Aquatic Club, Queens College, CUNY their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>AUDIO/VISUAL STATEMENT:</b>	Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.  Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
<b>DECK CHANGING:</b>	Deck changes are prohibited.
<b>TECH SUIT/SWIMWEAR POLICY:</b>	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams.
<b>ADMISSION:</b>	Spectators are permitted, a limited number of tickets will be available for purchase at a cost of \$6 per ticket per session through designated link.
<b>MERCHANTS:</b>	<b>QC will have food concessions for spectators.</b>
<b>PARKING:</b>	There is ample Free parking available in the BSC facility parking lot adjacent to the facility and street parking for the QC along Reeves Ave and the surrounding streets.
<b>DIRECTIONS:</b>	<b>To Queens College: 153-1 Reeves Ave, Flushing, NY</b> SUGGESTED DIRECTIONS: From Eastern Long Island - L.I.E. to Exit 23 (Main Street). Make a left at the light (Main Street). Make left onto Reeves Ave. Go 3 block to 153-1 Reeves Ave, QC Gate #3 Entrance. From Triboro Bridge - Take Grand Central Pkwy to Main Street, make Left on Main Street, take to Reeves and make a Right on Reeves Ave. QC campus is 3 blocks on the right side. From Whitestone Bridge - Stay to the right when coming off the bridge. Exit at LIE East Bound. Take LIE east to Kissena Ave. Make a right off Kissena exit onto Reeves Ave. Campus Gate is two blocks ahead on Reeves on Left side. <b>To BROOKLYN SPORTS CLUB: 1540 Van Siclen Ave, Brooklyn, NY 11239</b> Take exit 14 off Belt Parkway to Pennsylvania Avenue. Turn right onto Pennsylvania Avenue and then make an immediate right onto Seaview Avenue. Take Seaview Avenue until it ends and make a left at the stop sign onto Van Siclen Avenue. The Club is on the left. There is free on-site parking for 200 cars. There is free street parking as well, but with time restrictions.
<b>MEET RESULTS:</b>	Meet results will be made available on Meet Mobile.
<b>HEAT SHEETS:</b>	Meet Heat Sheets will be available on Meet Mobile
<b>RESULTS:</b>	Will be available on Meet Mobile

# **2022 NYC WINTERFEST SAFETY PROTOCOL**

All swimmers, coaches, parents and spectators MUST adhere to the following guidelines and protocols in place in order to provide the safest environment to conduct this meet.

After reading these guidelines, and reviewing them with your swimmer, please sign the attached waiver form to confirm that you are fully aware of these safety protocols as well as disciplinary actions associated with them.

## **Safety Guidelines**

Check-in Procedures for Athletes, volunteers, and coaches will take place in front of the entrance of Brooklyn Sports Club & Queens College, CUNY Facility. Volunteers will be issued a safety vest when entering the facility. Athletes will proceed to enter the building and go to the appropriate locker room to change.

Spectators will be allowed to observe the meet from the bleacher or balcony area. All tickets must be purchased prior to the meet. Tickets will not be available for purchase at the door. Spectators will be asked to enter the BSC facility through the back entrance located in the back right hand corner of the parking lot. Any BSC spectator attempting to enter through the main entrance will be redirected to the back entrance. BSC Spectators will not be permitted to utilize restrooms on the pool deck and will instead be directed to restroom facilities located in the front lobby area. To access this area, spectators will exit the building and re-enter from a back entrance (Meet Marshalls will be available to guide spectators). Spectators will need to stay seated during the meet and refrain from interacting with their swimmers and/or accessing any other locations within the facility.

QC, CUNY Spectators will enter through the main entrance on the upper level and be directed to the viewing balcony. Spectators may ONLY use the restrooms on the upper level designated for spectators. Only athletes and coaches will be allowed on the lower level with access to the locker rooms and pool deck. Any spectator found on the lower level will be asked to leave.

## **Swimmers**

Swimmers will enter the facility in an orderly manner, practicing social distancing and will follow the instructions of the Safety Marshall's, Coaches and/or Meet Volunteers.

## **Meet Protocols**

Swimmers will be staged in the 25 Yard/Meter Competition pool deck area under the supervision of a Safety Marshall. Swimmers will place their towel and other belongings in the plastic bins which will be placed next to their chairs behind starting blocks.

## **All Swimmers, Coaches, Attendees and Volunteers**

**Please adhere to all protocols above so that we may continue to provide meets for our swimmers. Any violation of the protocols outlined above may lead to the Brooklyn Sports Club facility voiding our rental agreement.**



## Metropolitan Swimming Photographer Registration Form

**All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name\_\_\_\_\_

Phone Number\_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID\_\_\_\_\_ #\_\_\_\_\_

Taking photos of\_\_\_\_\_

On behalf of\_\_\_\_\_

Purpose\_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature\_\_\_\_\_ Today's Date\_\_\_\_\_

Meet\_\_\_\_\_ Location\_\_\_\_\_

Date(s) of meet\_\_\_\_\_

Friday - Session #1		Saturday - Session #2	
December 16th		December 17th	
5:30PM START		8:00AM START	
Queens College Site		Queens College Site	
TIMED FINALS @ Queens College		PRELIMS @ Queens College	
10 & Under, 11-12, 13-18 and OPEN SCY SESSION		11 - 12; 13&Over SCY Session	
1	500 FREESTYLE Mixed	13/14	11-12 200 FREESTYLE G/B
	Timed Finals	15/16	13-14 200 BREASTSTROKE G/B
	OPEN	17/18	15-18 200 BREASTSTROKE G/B
		21/22	11-12 50 BUTTERFLY G/B
2	400 INDIVIDUAL MEDLEY Mixed	23/24	13-14 200 FREESTYLE G/B
	Timed Finals	25/26	15-18 200 FREESTYLE G/B
	OPEN	29/30	11-12 100 BACKSTROKE G/B
		31/32	13-14 100 BACKSTROKE G/B
3	200 INDIVIDUAL MEDLEY	33/34	15-18 100 BACKSTROKE G/B
	Times Finals	37/38	11-12 50 BREASTSTROKE G/B
	10 & Under	39/40	13-14 200 FLY G/B
		41/42	15-18 200 FLY G/B
4/5	200 INDIVIDUAL MEDLEY	45/46	11-12 100 FREESTYLE G/B
	Prelims	47/48	13-14 50 FREESTYLE G/B
	11-12	49/50	15-18 50 FREESTYLE G/B
		53/54	11-12 100 BUTTERFLY G/B
6/7	200 INDIVIDUAL MEDLEY	55/56	13-14 100 BREASTSTROKE G/B
	Timed Finals	57/58	15-18 100 BREASTSTROKE G/B
	13-14	61/62	11-12 50 BACKSTROKE G/B
		63/64	13-14 200 BACKSTROKE G/B
8/9	200 INDIVIDUAL MEDLEY	65/66	15-18 200 BACKSTROKE G/B
	Timed Finals	69/70	11-12 100 BREASTSTROKE G/B
	15-18	71/72	13-14 100 FLY G/B
		73/74	15-18 100 FLY G/B
10	1650 FREESTYLE Mixed	76/77	11-12 50 FREESTYLE G/B
	Timed Finals	78/79	13-14 100 FREESTYLE G/B
	OPEN	80/81	15-18 100 FREESTYLE G/B
		84/85	11-12 100 Individual Medley G/B

**\*All entries might be cut for time at meet director's discretion**

Saturday - Session #3				Saturday - Session #3			
December 17th				December 17th			
5:30PM START				5:30PM START			
Brooklyn Sports Club				Brooklyn Sports Club			
SATURDAY FINALS @ Brooklyn Sports Club				SATURDAY FINALS @ Brooklyn Sports Club			
8 & Under, 10 & Under, 11 - 12; 13&Over <b>SCY</b> Session				8 & Under, 10 & Under, 11 - 12; 13&Over <b>SCY</b> Session			
Event #	Age Group	Event	TF/F	Event #	Age Group	Event	TF/F
4/5	11-12	200 INDIVIDUAL MEDLEY	FINALS	45/46	11-12	100 FREESTYLE	FINALS
6/7	13-14	200 INDIVIDUAL MEDLEY	FINALS	47/48	13-14	50 FREESTYLE	FINALS
8/9	15-18	200 INDIVIDUAL MEDLEY	FINALS	49/50	15-18	50 FREESTYLE	FINALS
11	8&U	25 FREESTYLE	TF	51	8&U	50 FLY	TF
12	9-10	200 FREESTYLE	TF	52	9-10	100 FLY	FINALS
13/14	11-12	200 FREESTYLE	FINALS	53/54	11-12	100 FLY	FINALS
15/16	13-14	200 BREASTSTROKE	FINALS	55/56	13-14	100 BREASTSTROKE	FINALS
17/18	15&O	200 BREASTSTROKE	FINALS	57/58	15-18	100 BREASTSTROKE	FINALS
19	8&U	25 FLY	TF	59	8&U	25 BACKSTROKE	TF
20	9-10	50 FLY	TF	60	9-10	50 BACKSTROKE	TF
21/22	11-12	50 BUTTERFLY	FINALS	61/62	11-12	50 BACKSTROKE	FINALS
23/24	13-14	200 FREESTYLE	FINALS	63/64	13-14	200 BACKSTROKE	FINALS
25/26	15-18	200 FREESTYLE	FINALS	65/66	15-18	200 BACKSTROKE	FINALS
27	8&U	50 BACKSTROKE	TF	67	8&U	50 BREASTSTROKE	TF
28	9-10	100 BACKSTROKE	TF	68	9-10	100 BREASTSTROKE	TF
29/30	11-12	100 BACKSTROKE	FINALS	69/70	11-12	100 BREASTSTROKE	FINALS
31/32	13-14	100 BACKSTROKE	FINALS	71/72	13-14	100 FLY	FINALS
33/34	15-18	100 BACKSTROKE	FINALS	73/74	15-18	100 FLY	FINALS
35	8&U	25 BREASTSTROKE	TF	75	9-10	50 FREESTYLE	TF
36	9-10	50 BREASTSTROKE	FINALS	76/77	11-12	50 FREESTYLE	FINALS
37/38	11-12	50 BREASTSTROKE	FINALS	78/79	13-14	100 FREESTYLE	FINALS
39/40	13-14	200 FLY	FINALS	80/81	15-18	100 FREESTYLE	FINALS
41/42	15-18	200 FLY	FINALS	82	8&U	100 INDIVIDUAL MEDLEY	TF
43	8&U	50 FREESTYLE	TF	83	9-10	100 INDIVIDUAL MEDLEY	TF
44	9-10	100 FREESTYLE	TF	84/85	11-12	100 INDIVIDUAL MEDLEY	FINALS

**\*All entries might be cut for time at meet director's discretion**



<b>December 18th - Sunday - Session #4 - 5:30PM START</b>		
<b>Brooklyn Sports Club</b>		
<b>SUNDAY TIMED FINALS @ Brooklyn Sports Club</b>		
<b>OPEN <span style="color: red;">Short Course METERS</span> SESSION - ALL EVENTS TIMED FINALS*</b>		
<b>Event #</b>	<b>Age Group</b>	<b>Event</b>
86/87	15-18	200 MEDLEY RELAY G/B
88/89	13-14	200 MEDLEY RELAY G/B
90/91	11-12	200 MEDLEY RELAY G/B
92/93	9-10	200 MEDLEY RELAY G/B
94/95	8&Under	100 MEDLEY RELAY G/B
96	9-12	200 INDIVIDUAL MEDLEY Mixed
97	9-12	200 FREESTYLE Mixed
98	13&Over	200 BREASTSTROKE Mixed
99	8&Under	50 FLY Mixed
100	9-12	50 FLY Mixed
101	13&Over	200 FREESTYLE Mixed
102	8&Under	50 BACKSTROKE Mixed
103	9-12	100 BACKSTROKE Mixed
104	13&Over	100 BACKSTROKE Mixed
105	8&Under	50 BREASTSTROKE Mixed
106	9-12	50 BREASTSTROKE Mixed
107	13&Over	200 FLY Mixed
108/109	15-18	400 INDIVIDUAL MEDLEY RELAY B/G
110/111	13-14	400 INDIVIDUAL MEDLEY RELAY B/G
112	8&Under	50 FR Mixed
113	9-12	100 FR Mixed
114	13&Over	50 FREESTYLE Mixed
115	9-12	100 FLY Mixed
116	13&Over	100 BREASTSTROKE Mixed
117	9-12	50 BK Mixed
118	13&Over	200 BACKSTROKE Mixed
119	9-12	100 BR Mixed
120	13&Over	100 FLY Mixed
121	9-12	50 FR Mixed
122	13&Over	100 FREESTYLE Mixed
123	12&Under	100 INDIVIDUAL MEDLEY Mixed
124	13&Over	200 INDIVIDUAL MEDLEY Mixed
125/126	15-18	200 FREESTYLE RELAY G/B
127/128	13-14	200 FREESTYLE RELAY G/B
129/130	11-12	200 FREESTLE RELAY G/B
131/132	9 -10	200 FREESTYLE RELAY G/B
133/134	8&Under	100 FREESTYLE RELAY G/B

**\*All entries might be cut for time at meet director's discretion**

